



### ACTIVITIES OF FOUR

The metropolitan city of Bengaluru is known across the globe for its infrastructure and developmental milestones. But, it is also unfortunate that more than 800 Sevabasti (slums) which lack basic amenities come under the administration of Bruhat Bengaluru Mahanagara Palike (BBMP).

With the aim of imparting education to the children who reside in these Sevabasti and who are school dropouts due to social and economic backwardness, informal learning centres were opened in 1989 under the project Jagarana.

These informal learning centres were run from 1989 to 2007 and the children of Sevabasti were brought to the schools and thereby to the mainstream of society. In the aftermath of the success of this programme, today Rash-trothana Trust under the banner of Jagarana conducts various activities for the comprehensive development of Sevabasti.

# Jagarana

### DIMENSIONS IN SEVABASTI

Jagarana' is conducting various developmental activities at the Sevabasti of Bengaluru from the past 3 decades in four dimensions namely, education, health, self-reliance and samskara. Under the umbrella of 'Jagarana' and its social activities thousands of children, hundreds of women, and youths have found shelter and have built a life of self-reliance. One can witness the development of sevabasti in social, economic, educational and cultural dimensions.

Currently 685 activities are conducted in 210 Sevabasti

1. Tution Centres	240
2. Shishu Mandira	3
3. Balagokula	200
4. Informal learning centre	1
5. Jolige Pustakalaya	200
6. Library	1
7. Mini Balabhavana	2
8. Samskara centres at government schools	8
9. Temple centric activities	1
10. Computer training	7
11. Tailoring training	2
12. Free clinic	2
13. Self-help groups	18

## EDUCATION

### A) Tuition Centres

The learning centres aim at uplifting the children residing in sevabasti(slums) as equal to other privileged children in the educational sector. It also aims to raise the standard of life of the women and young girls.

The tuition centres are working with an intention of imparting quality education to the children of Sevabasti along with samskara, social responsibility and knowledge. As of 2018-19 academic year there are 240 tuition centres in 210 sevabasti.

Where do the tuition classes happen? In general the tuition classes occur at the house of the teachers of the Sevabasti(Jagarana prakalpa teachers) or at the nearby Anganwadi. There are own buildings at Kempapura Agrahara, V.V.Giri Colony, Byappanahalli, New Gurappana Palya and Domlur. These buildings also have clinics, tailoring and computer training centres, shishu mandira etc. The service activities are conducted from morning to evening. The people of the locality are aware of the place as 'Sevadhama'. Everyday, more than 350 people are benefiting from the facility.

The young learners of Sevabasti are the teachers of the future! The young women who are earlier trained/educated in the sevabasti later contribute as teachers of the tuition centres. This privilege is also a source of self-reliance for the women of sevasti. Hence, those women who have completed class 10 and more are appointed as teachers. The selected women of Sevabasti are trained every month in a recurring manner in order to equip them as successful teachers.

The teachers consolidate nearly 15 school going students who reside in their neighbouring places and conduct tuition classes for them everyday for 2½ hours. The students resolve the doubts they encountered during their learning in school with the help of these teachers and gain coaching for free of cost. Every year more than 5000 students are the beneficiaries of these coaching centres.

**Importance for personality development:** The teachers do not merely render their duty as teachers. Instead the students develop a motherly feeling towards them. The friendly teachers concentrate towards instilling values in children and their personality development along with their academic progress.

**Systematic Education:** For the successful and systematic functioning of the tuition centre every year, in the month of May annual plan of action will be prepared. The plan comprises academic activities, samskara based education and also celebrating Indian festivals etc. In order to successfully implement these plans and to correspondingly enhance the capability of the teachers monthly training programmes will be organised.

**Supervisors for Communication:** The supervisors are appointed with an intention of establishing continuous communication with the teachers of the tuition centre. The supervisors are selected among the experienced teachers of the Sevabasti. The supervisors supervise the service activities of 6-8 Sevabasti.

**Excellent Result:** There are 15 tuition centres for high school students. In the academic year of 2018-19, 60 students who were trained in the tuition centre wrote S.S.L.C. exam. Among them, 57 students passed the exam, with 2 students securing distinction rank.

## B) Jolige Pustakalaya

The 'Jolige Pustakalaya' was started in the tuition centres to inculcate the habit of reading among students. It is a novel initiative wherein, the students of the tuition centre should purchase a book and give it to the centre. Weekly once the students have to take a book and should read them. Later they have to share their opinion about the book and should enlist its specialities. In such a systematic method the 'Jolige Pustakalaya' is functioning. In the preliminary stage the children have purchased 'Bharata-Bharati' book series. The 'Jolige Pustakalaya' is successfully operating at 200 centres.

## C) Library

Library has been set up at Byappanahalli sevabasti for the benefit of college students. The library has a collection of more than 5000 books. More than 100 students are beneficiaries from the library.

## D) Mini Bala Bhavana

The 'Jagarana' prakalpa has been running Mini Bala Bhavana in Jayanagar, Rajajinagar and Kolse Park for the past 2 years in order to develop the creative and curricular skills of the children from underprivileged and marginalised families. The Bala Bhavan is functioning in association with Government Balabhavan Society at Cubbon Park. Music, dance, Bharatanatyam, sports, spoken English training etc. are taught to children at Mini Bala Bhavans.

More than 100 children are trained everyday in Jayanagar and Kolse Park Mini Bala Bhavan.

## SELF-RELIANCE

Numerous vocational training centres are run in order to empower the women and youths residing in the Sevabasti. The initiative aims at aiding the people of Sevabasti to build a life of self-reliance.

### A) Tailoring Training Centre

The tailoring training centres are operated at K.P. Agrahara and V.V. Giri Colony Sevabasti.

Nearly 2500 women are trained in these tailoring centres till date. In the year 2018-19 alone, a record number of 162 women have been trained. Currently, 70 women are trained in various groups.

### B) Computer Training Centre

There are totally 7 computer training centres across Bengaluru. In Bapuji Nagar, Kamakshipalya, Baiyappanahalli, Hongasandra, K.P. Agrahara, Sheshadripuram, V.V. Giri Colony and Ulalla Upanagara the computer training centres are functioning in association with the Vidya Chetana Project of Youth for Seva. In Domlur the computer training centre is set up in association with Akard Software Company.

In the year 2018-19 369 youths are trained in these computer training centres.



In the courses of 3 months duration the basics of computer and tally are taught to the youths. These training equips the youths of the underprivileged section to grab jobs in the prestigious companies and thereby making them self-reliant.

### C) Self-Help Groups

There are 18 self help groups functioning in the 16 Sevabasti of Bengaluru. The groups aim for the comprehensive development of Sevabasti and help the people to achieve financial/economic stability.

Through these self-help groups 30 women and 12 men are leading a life of self-reliance.

### D)Aid through Mudra Scheme

The project seeks to identify the people who are ambitious to start their own business and render them help. 'Jagarana' prakalpa helps them to get the loan under Prime Minsiter's Mudra Yojana. This year 3 people have started their own business through Mudra Yojana.

### E) Employment Guidance Programme

In order to create employment opportunities for the young men and women of Sevabasti, 'Jagarana' prakalpa in association with Reliance organisation and Abalashrama, Bengaluru conducted an



employment information programme on August 5. With this, the men and women of Sevabasti got jobs at various Reliance outlets.

## HEALTH

### A) Arogya Rakshakiyaru(Saviours of Health)

The women who reside in Sevabasti do not have any companion to share their personal health problems to seek a solution. They will not even have an awareness about whom to visit when they face health issues. In order to create a support system for such women the 'Jagarana' prakalpa has identified the interested and capable women of Sevabasti as 'Arogya Rakshakiyaru'(saviours of health). These women in turn help other women who are victims of various health problems. They take women to the nearby hospital and help them in the treatment process.

- The activities championed by the Arogya Rakshakiyaru are organising health awareness camps at Seva Basti and conducting health check up camps, guiding the treatment process and other aid for people suffering from severe disorders and counselling for people suffering from mental disturbances.
- With the aid of Arogya Rakshakiyaru the pregnant women are able to get maternal and labour facilities at free of cost in well-equipped hospitals.
- Arogya Rakshakiyaru has been a shoulder to rely on, for thousands of women who are suffering from various health issues.
- Through Arogya Rakshakiyaru surveys are conducted at houses of Sevabasti and the causes of diseases are found out. Various health camps are organised consistently. One of the primary reasons

for unhealthiness is the unhygienic environment of Sevabasti. Thus, measures are taken to keep the surroundings clean through awareness programmes, discussion forums with the residents.

- Currently, Arogya Rakshakiyaru are serving at 5 Sevabasti around K.P.Agrahara and 6 Sevabasti around Siddhapura.
- In the current year, treatment has been provided to more than 80 women who were suffering from serious ailments.
- For this noble deed of Arogya Rakshakiyaru aid has been continuously given from BGS Global hospital, Rangadorai hospital and Mahaveer Jain Hospital.

Awareness Programme for Adolescent Girls: The adolescent girls of Sevabasti encounter many physical and mental issues. In order to listen to their problems and to make them strong to face the age related changes and challenges an awareness programme was organised on July 1.

Dr. Shashikala from ‘Doctors for Seva’ conducted an awareness session and counselling about the physical, mental and emotional problems of adolescent girls. More than 1500 adolescent girls participated in the programme.

Arogya Rakshakiyaru conducted this programme in the schools of Siddapura, Wilson Garden and other Sevabasti.

### B) Free Clinics

In order to provide treatment to the primitive disorders suffered by the people of Sevabasti free clinics are established at Kempapura Agrahara and V.V. Giri Sevabasti. Everyday nearly 20 people are the beneficiaries of these clinics.

### C) Health and Eye Check Up Camps



The health check up camps are organised regularly at various Sevabasti in association with many hospitals and organisations such as Lion’s Eye Hospital, B.G.S. Global Hospital, Doctors for Seva, Rotary Club, Madan Mohan Malaviya Mission etc.

In the eye check up camps numerous people from the surrounding Sevabasti participate and undergo tests. Before the camp, the karyakarta of Jagarana prakalpa visit every house of the Seva Basti and give information about the camp and conduct primary tests. Those who participate in the camp will be beneficiary of free tests and also spectacles will be distributed for free. This year, Eye check up camps were conducted at Baiyappanahalli(April 8), Kuntigrama, Hebbal(March 10).

In the health check up camps, doctors of various specialisations such as paediatrician, dermatologist, gynaecologist, ophthalmologist will be available to examine the patients.

	Camp No.	Women	Men	Total	Beneficiaries of Spectacles	Beneficiaries of treatment
Eye Check-up Camps	2	170	190	360	174	25
Health Check-up Camps	1	120	80	200	–	200
Women Health Check-up Camps	1	69	–	69	–	56

## SAMSKARA

### A) Shishu Mandira(Kindergarten)

Due to the poor financial background and economic crisis all the members of the family including women who reside at Sevabasti inevitably go to work. They go to work at houses, incense sticks factories. Many of them work as scavengers. But, due to these circumstances it will be difficult to find a safe place for their children from morning to evening.

In order to aid such families and provide a safe shelter to their kids the 'Jagarana' prakalpa has been running shishu mandira for the last 6 years at V.V. Giri Colony, Kempapura Agrahara, New Gurappannahalli Palya, KamakshiPalya Sevabasti. The women who have 2.5 to 5 years old kids, leave their kids here and go to work. The teachers give the kids motherly care, involve in their learning process, make them play games and involve them in various other activities that are helpful for the kids personality development.

Currently 151 children are taken care of in 4 shishu mandira.

### B) BalaGokula

BalaGokula are opened to inculcate values and good qualities in the children of Sevabasti. Currently, there are 200 Balagokulam imparting value-based education to more than 4000 children.

### C) Temple centred activities

The activities are conducted by keeping the temples around Sevabasti as centric. Through these, Samskara is inculcated among the people of Sevabasti. Through Rashtrorathana Sevadhama in Kempapura Agrahara Seva Basti, at the Sri Ganesha temple of the place, cultural awareness is instilled in the people of the locality.

## Various programmes conducted at Sevabasti

In order to bring the people of Seva Basti to the social, educational and cultural mainstream, various activities are conducted by keeping the learning centre as the nucleus point.

- To stimulate the feeling of fraternity among the residents of Sevabasti and for the personality development of the children learning in tuition centres various programmes are organised on account of Raksha Bandhana, Sankranti, Bharatmata Poojana(in 108 clusters), Deepotsava(in more than 200 places), Shivaratri, Deepavali, Vivekananda Jayanti etc. are celebrated.
- Sri Krishna Janmashtami festival is celebrated from the past 15 years to inculcate unity among the people of Sevabasti. The festival is celebrated as a carnival where all the people of Sevabasti participate without any differences of caste and community. Every house will be decorated with rangoli to welcome the procession of Radha Krishna. Individuals voluntarily assume responsibilities to make the festival a grand success. This year Krishnashtami was celebrated in 65 clusters and more than 8,000 kids were dressed up as Radha Krishna. The dressed up kids went on a procession around the Seva Basti. Fun activities such as Mosaru-Kudike were conducted. There were music and dance programmes. At Hari Colony Sevabasti of Banashankari prizes were distributed to those who were dressed up as Krishna.
- On account of international Yoga Day, yoga sessions were conducted for a week in tuition centres and Balagokulam. The



learners exhibited their yoga skills on 21st June on the premises of various schools and playgrounds around Sevabasti.

- Environment Day was celebrated by conducting Swachha Bharata programme and distribution of Tulasi saplings. Cleaning programmes were organised at Pragathi-pura, Baiyappanahalli, Venkataram Nagar and other Sevabasti. Saplings of Tulasi were distributed at Ullal Upanagar, Baiyappanahalli, K.P. Agrahara and other places.
- Shishu Mandira of Rashtrottana Trust conducted a mass Aksharabhyasa in a Ganesha temple of Kamakshipalya on June 10. Parishat's vice-president A. GopalaKrishna Nayak informed everybody about rearing and nurturing of kids.
- **Guru Vandana:** On the eve of Guru Purnima, a unique Guru vandana event was organised at the tuition centres of Sevabasti. The students offered Guru Vandana for the teachers of their respective schools. The programme was initiated to make students know about the importance of guru in one's life and to develop a feeling of respect and gratitude in them towards their teachers and elders.
- With the motive of encouraging eco-friendly Ganesha idols and to create a cultural awareness eco-friendly Ganesha idol making event was organised at Bapuji Nagar Seva Basti tuition centre. Children made Ganesha idols out of clay and offered prayers on the day of the festival.
- Sumangali Pooja: Sumangali Pooja was organised for the women of Sevabasti to create awareness among them, about the importance of married life. The event was organised at the Netaji Nagar Sevadhama in Kempapura Agrahara, Sri Vinayaka temple at Kasturi Layout, Lakshmi Venkateshwara Temple at Chandrappa Road. More than 250 married women participated in the programme.

- On account of Independence Day, a painting/drawing competition was organised at the Mini Bala Bhavan of Kolse Park and Jayanagar. At the tuition centres of Sevabasti stories of freedom fighters were narrated.
- For the past 4 years, Mr. Kiran and team, who are software engineers and also a philanthropist, as a result of his social concern, have celebrated deepavali at Seva Basti. The engineers team visits more than 15 Sevabasti and distributes sweets and crackers.
- Swami Vivekananda's address to the World Parliament of Religious Affairs at Chicago was 125 years ago. To commemorate this historic event 125 children from various Sevabasti went on a procession from Keshava Shilpa to Vivekananda statue at Ramakrishna Ashrama.
- As a part of educational excursion, children of Sevabasti visited Mysore on 29th December and 5th January. They were taken to Chamundi hills, zoo and palace. Later, a travelogue writing competition was organised at Sevabasti.



- **Excursion:** The women of Kamala Nagar self-help group which is functioning under the 'Jagarana' prakalpa visited Rashtrrothana Goushala in Ghati Subramanya on March 10 and performed Go Puja. They offered fruits, rice and jaggery to the cows. Sri Dinesh Hegde, General Secretary of Rashtrrothana Parishat explained about the importance of self-help groups in achieving economic self-reliance.
- On January 26, Bharata Mata Puja was organised at all the centres of 'Jagarana' to stimulate patriotism. The sacredness of Bharat, contribution of Bharat to the world was commemorated during the event.
- **Annual Day Celebrations at Shishu Mandira:** On February 26th, annual day celebrations were held at Kamakshipalya Rashtrrothana shishu mandira which is run free of cost. Sri Suresh Kumar, MLA, Rajajinagar constituency participated in the event and appreciated the service initiatives of Rashtrrothana Trust. B.B.M.P. member of Kamakshipalya ward Pratima and Sri Dwarkanath, member of governing body were present on the occasion. There were also cultural programmes from the students.
- In the annual day celebrations held at Domlur tuition centre various competitions were organised for parents and students. The prizes were sponsored by Akard Company.
- 'Krida Chetana'(a sports event) was organised for the children of Seva Basti on October 13. More than 600 students from various tuition centres participated in the event. Students participated in running race, jumping and other games and won prizes.
- **Participation in Seva Baithak:** Basavaraj, chief of self-help group initiative of 'Jagarana' prakalpa participated in Vaibhavasri baithak of Seva Bharati on October 23 and 24 held at Bhopal. 7



teachers of 'Jagarana' prakalpa participated in a camp organised by Durga Vahini of Vishwa Hindu Parishad held at ChamarajaNagar on February 19 to 27.

- **Certificate of Surveykshane:** Under the Rashtriya Seva Bharati project, the karyakarta of 'Jagarana' prakalpa conducted a survey at Sevabasti, that is under the purview of B.B.M.P. Certificates were distributed to the karyakartas who conducted surveys by Sri Sridhar Sagar, Prashikshana Pramukh, Rashtriya Seva Bharati.
- **Distribution of School Bags:** In association with 'Youth for Seva' school bags and books were distributed to more than 800 children of Seva Basti.

## Impact of the activities of Prakalpa

- Enabling and strengthening the Sevabasti in social, educational and economical dimensions. The young women of Sevabasti are self-reliant as an impact of computer, tailoring and other training centres. Today, many have opened their own outlets.
- Awareness about Bharatiya values and hindutva thoughts are emerging in Sevabasti. Hence, social harmony is evolving at Seva Basti.
- Many elders of Seva Basti have voluntarily collaborated with the activities of prakalpa.



# NANDAGOKULA



**Rashtrrothana Trust is running 'Nandagokula' in order to give shelter to those children who are deprived of parental care and concern.**

'Nandagokula' is a shelter/home to 32 children and it is functioning at Nagarabhavi and Kamakshipalya Rashtrrothana Shishu Mandira. The children are provided with food, accommodation and free education. Along with these, various other activities are conducted for the holistic development of children.

## A) Nagarabhavi Nandagokula

In the space donated by Late Nandakumar at Nagarabhavi, Nandagokula activities flourished in the year 2007. At present it is home to 14 students.

**Inauguration of New Building:** In the same place donated by Late Nandakumar, a new building was inaugurated on 12th May, 2018. General Secretary N. Dinesh Hegde, Treasurer Ganapathi Hegde, member of governing body K.S. Narayana were present during the inauguration ceremony.

## B) Rashtrrothana Makkala Mandira

18 children are provided shelter at 'Rashtrrothana Makkala Mandira', Kamakshipalya. The children hail from various places such as Dharwad, Chamrajanagara, Mandya, Gubbi, Dhoddaballapura, Bengaluru. They are provided with free food, accommodation, and education. The citizens of Kamakshipalya have also led a helping hand in the welfare of children.

## Counselling Programme:

In order to instil self-confidence in children, a friendly counselling and interaction programme was held on October 12. Dr. Vaijyanthi gave guidance to the children.

**Pratibha Pariksha (Talent hunt Examination):** 7 students from Kamakshipalya Nandagokula (3 students from class 8 and 4

students from class 10) wrote the NMMS(National Means Cum-Merit Scholarship Scheme) and NTSE(National Talent Search Examination) conducted by the Ministry of Human Resource, Government of India. The necessary training was given to students from BASE Academy.

The children of Kamakshipalya 'Rashtrrothana Makkala Mandira' won first prize by singing the national anthem in sign language.

**Training:** Sri Veeresh and Sri Jogesh, Karyakarta of 'Jagarana' prakalpa participated in the 5 day training camp organised by NIPCCD (National Institute of Public Cooperation and Child Development) which was meant for the Karyakarta of selected NGOs. Many representatives from South Indian states were present



at the camp. There was an exchange of information related to child development.

## Programmes directed towards children psychological development:

**Guruvandana:** On the eve of Guru Purnima, Guru Vandana event was organised at the 'Nandagokula'. The students offered Guru Vandana for the teachers of their respective schools. The programme was initiated to make students know about the importance of guru in one's life and to develop a feeling of respect and gratitude in them towards their teachers and elders.

Festivals such as Raksha Bandhana, Ganeshotsava, Deepavali were celebrated to make children aware of Bharatiya values, harmony and community living.

A renowned team of software engineers has been celebrating Deepavali with the children of 'Nandagokula' for the past 3 years. The children along with the team will light the lamps and burst the crackers.



# Tapas & Sadhana

The world is mesmerised by the intellectual capabilities of the Indian youth. But, the sad reality is many youths of India aren't provided with the right platform to expose their talent. This might be due to economic backwardness, lack of proper guidance etc. In this backdrop, Rashtrtrotthana Trust initiated 'Tapas' and 'Saadhana' for the students of underprivileged section who belong to socially and economically backward section. The 'Tapas' (for boys) and 'Saadhana' (for girls) initiative renders free education to students along with providing free coaching to crack various competitive exams to get admission in the prestigious higher education institutions of the country.



## TAPAS

TAPAS was started in the year 2012, with the aim of rendering free IIT-JEE coaching to the meritorious and talented boys who hail from socially and economically poor background.

The boys who are selected for the TAPAS initiative are provided with PUC education along with free accommodation, food, college fees, study materials and coaching. For this purpose, a well-equipped library, laboratory, hostels and other basic amenities are set up in the Rashtrathana Vidyalaya campus at Banashankari. The students are provided with PUC education in Rashtrathana PU College itself.

The activity is functioning in association with a prestigious BASE institution. In view of the IIT-JEE exams the study materials, workbooks etc. are provided for physics, chemistry and mathematics. The BASE institution, along with these study materials also give proper guidance to the students to use them effectively.

### Contacting Students

- Twice a year memo will be sent to all the high schools across the state and they are asked to register their names.
- Publicity will be done to provide the information about TAPAS by personally visiting more than 100 schools every year which includes Morarji school, J.N.V. (Jawahar Navodaya Vidyalaya) and other government and aided schools.
- Advertisements will be given in various newspapers and magazines.

### Selection Process

- Students who are pursuing 10th std. can submit an application, if their annual income doesn't exceed 1,50,000.

The aim of Saadhana is to provide free PUC education and NEET/CET coaching along with free accommodation for the meritorious girls of the state who hail from financially backward families.

The aim of Tapas is to provide free PUC education and IIT-JEE coaching along with free accommodation for the meritorious boys of the state who hail from financially backward families.

- On December 25, the entrance exam will be conducted across the state in 40 centres.
- 200 students are selected on the basis of merit.
- The karyakartas of the Trust visit the house of all the 200 students and survey about their economic and social status.
- After the SSLC exam, a 10 day camp is conducted in Bengaluru.
- Their grasping power, interest, punctuality and successful utilisation of time, behaviour etc. are kept in mind and ultimately 40 students are selected.

### Statistics of 2018-19

- For the current academic year, 2,800 students wrote the exam.
- House visits were accomplished to the houses of 207 children from 28 districts of the state.
- No. of students selected for the camp-135
- No. of students selected for TAPAS 2018-20-50
- Total beneficiary students in 2018-19- 46 students in 1st PUC and 37 students in 2nd PUC.

## Beneficiaries

Year	1st PU	2nd PU	Year	1st PU	2nd PU
2012-13	38	0	2016-17	37	35
2013-14	38	34	2017-18	37	34
2014-15	40	38	2018-19	46	37
2015-16	38	34	2019-20	33	46

## Dedication of New Building

The newly built building at Banashankari for TAPAS students was inaugurated on 31st July. H.H. Sri Sri Satyatma Theertha Swamiji, Peetadhipati of Uttarakshi Mutt inaugurated the building by his divine presence and gave blessings to the students.

Sri B.S. Yediyurappa, former chief minister and leader of opposition was the chief guest. Sri M.P. Kumar, Director, Global Edge Software, Sri R.K. Verma, Founder, Resonance Eduventure Institution, Sri Shashishankar, President and Director of O.N.G.C. who contributed to the construction of the building, Nadoja Sri S.R. Ramswami, President of Rashtrottana Parishat and Sri N. Dinesh Hegde, General Secretary of Rashtrottana Parishat were present during the inauguration ceremony.

## Activities conducted for the students physical, intellectual, mental and cultural development

- TAPAS students spend their day in an extremely systematic manner. Their day starts at 4.30AM. And ends at 11.30P.M. Majority of their time is dedicated to studying. They also spend time learning and practising asana, pranayama, Bhajan. They are involved in activities such as guidance from elders, celebration of festivals, educational excursion etc. which complements their culture and behaviour(Samskara oriented learning).



Rashthottana Parishat's Tapas project is a great example of how we can work diligently with the grace of God. The real penance and what it is called 'Tapas' is the act of make it possible for underprivileged but meritorious children who lack good opportunities and facilities due to poverty to achieve the best they can and realize their true potential and if they wish, to get education in top Institutes of Engineering and Technology like IIT.

- **Sri Satyathirtha Swamiji**, Patriarchs, Uttarakshi Math

- The achievers and experienced people from various sectors address the TAPAS students in various circumstances and give them guidance about life filled with values and principles.
- Alumni Meet** : Since its inception, totally 5 batches of TAPAS students have passed out. Thus, the present students and alumni were gathered together for interaction on Dec. 9. Nearly 94 alumni who got admission at IIT, N.I.T. and other prestigious engineering colleges of the country participated in the programme. They spoke about their student life, job experience etc.
- Celebration of Festivals**: Festivals such as Saraswathi Pooja, Sankranti, Yugadi, Ganeshotsava and Deepavali were celebrated for the emotional and intellectual of the students. The employees of the prestigious software company in Bengaluru celebrated Deepavali with TAPAS students by bursting crackers.

- **Visit to Global Edge Software Company:** In order to introduce students to the working and system of prestigious companies they were taken to Global Software Company. The chief of the company Sri M.P. Kumar gave information about the working of the company and profession.
- **Matru Bhojana:** In order to introduce the students to the preciousness of matru vatsalya matru bhojana was organised. The mothers of Banashankari and the surrounding area cooked food by themselves and they fed (Kai tuttu) the TAPAS students and spoke to them with warmth and affection.
- **Sankalpa:** On May 2nd Sankalpa programme was organised for the outgoing students of 2nd PUC who were ready to take up higher education after their two years of hard work and dedication. Chief of Global Software Sri M.P. Kumar, Chief of BASE Sri Valleesh and General Secretary of Rashtrothana Parishat Sri N. Dinesh Hegde was present in the programme.

### Result of the 4th Batch (2015-17)

- 6 students who were trained under TAPAS in 2016-18 have got admission in IITs.
- Totally 33 students of TAPAS wrote 2nd PUC examination and 26 students have passed with distinction rank. 25 students have been qualified for the JEE-Main examination.
- 2 students have secured within 500 rank in CRT and 7 students have secured within 1000 rank. 11 students have secured 1000-2000 rank and 8 students have secured 2000-5000 rank.
- Kum. Samarth P. of Hunnasemaranahalli whose father is a security guard and mother a housewife secured 583(97.17%) marks in

2nd PUC and 289th rank in C.E.T. Kum. Samarth Hadimani of Haveri who comes from a poor farmer family secured 563 marks (93.83%) in 2nd PUC and 290th rank in C.E.T. Kum. Kantharaj who comes from a poor labour family and belongs to scheduled tribe in Bikkegudda village of Gubbi taluk secured 547(91.17%) marks in 2nd PUC and Kum. Shivaraj B.K. who also comes from a poor farmer family in Hirekerur taluk secured 592nd rank.

### Bird-View

- 170 students from 5 batches who hail from poor and underprivileged families have completed their two year education in TAPAS and are pursuing their higher education.
- 16 students are studying in 7 different IIts of the country. 31 students have got admission into N.I.T(30 in N.I.T Surathkal and 1 in Rourkela). Others are studying at prestigious engineering colleges of Bengaluru such as R.V., P.E.S., B.M.S. etc.

### Impact

- TAPAS hasn't just changed the life of a student. But, the life of their entire family is changed. Both their economic status and their respect and social status(they have gained social recognition) in society has changed.
- The students who are currently pursuing their high school and college are seeking guidance from TAPAS students for their higher studies and career.

## SAADHANA

Many families will not be in a position to send their girl children to far off places for the sake of education. Hence, a few send their daughters to the nearby government colleges and a few other parents will arrange a marriage for their daughters and feel that they are renewed from their responsibility. But, if provided an opportunity and platform even the girls of rural areas can reach great heights and can mark a remarkable achievement. In this background, after a lot of deliberation, 'Saadhana' initiative was started in the academic year 2017-18.

'Saadhana' which is similar to 'Tapas' is meant for girls' education. The selected poor but meritorious girls are provided free education at Thanisandra Rashtrorothana PU College, Bengaluru. They are also provided with free NEET and CET coaching along with food, hostel facilities, study materials etc.

### Statistics for the year 2018-19

- 3500 students wrote the 'Saadhana' entrance examination.
- In the first round, 258 students from 28 districts of the state were selected and the 'Saadhana' team visited their houses.
- No. of students came to the final selection camp: 151
- No. of students selected for 'Saadhana' 2018-20: 50
- At present, 120 students are studying under 'Saadhana'.

### 'Saadhana' Final Selection Camp:

The camp for the year 2018-19 was held on April 8 at Thanisandra Rashtrorothana PU College. Smt. Sindhu Srinivas, Chief of Bangalore

unit, IBM and Dr. Tangam, Gynaecologist at Manipal hospital were the chief guests. They guided the students regarding their education and career. Sri A.V. Shivakumar of BASE institutions, Sri N. Dinesh Hegde, General Secretary of Rashtrorothana Parishat were also present.

### Pioneering the Learning Process:

In order to inculcate the Bharatiya cultural values among the students of 'Saadhana', 'Vidyarambha' programme was held on 30th May. Dev Kumar, chief of Gale Institutions, Sri M.P. Kumar, Chief of Global Edge Solutions and Sri A.V. Shivakumar of BASE institutions arrived as the guests and gave valuable guidance to students.

For the emotional and intellectual well-being of the students Kargil Vijay Diwas(July 26), Guru Purnima(July 27), Independence Day(August 15), Kannada Rajyotsava and Kanakadasa Jayanti(November 26), Vivekananda Jayanti, Saraswathi Pooja and Kalanjali(January 12), Thyagaraja Aradhana(January 25), National



Voters Day (January 21), Shivaji Jayanti (February 19) and other programmes were celebrated. Documentary, videos etc. were demonstrated on the importance of these days.

On the occasion of Kannada Rajyotsava, a 7 day programme of introducing students to the versatile Kannada literature was organised from November 13 to 19. The students of 'Saadhana' introduced various genres of literature.

Excursion: The students were taken to Chitradurga on November 24, as part of a one day educational excursion.

### **Kalanjali:**

'Kalanjali' a cultural programme was organised from November 13 to 19 to give a platform for the talent of the girls. Pick and speak, Kannada elocution (Attraction towards foreign countries-Brain Drain and measures to develop the Kannada language), poetry writing and recitation, pot painting and pencil sketch, classical music, folk song, light music, memory test, instrumental music, rangoli, haste out of waste, classical dance, art work, mono acting, Rubik's cube, group discussion, recitation of Sanskrita shloka and various other competitions were organised. The prize distribution programme was held on January 12 and Smt. Vaishnavi Dwarkanath, Healthcare Programme Manager at CERNER distributed the prizes.

### **Special Lecture**

- In order to enhance the intellectual capabilities of the 'Saadhana' students, a special lecture was held on July 28. Sri Ravi, karyakarta of Chinmaya Mission and former engineer at West Bengal was the chief guest. He spoke about the importance of life values.



- A lecture was held on November 25th and Dr. Gururaj Karajagi, renowned educational expert and founder of Academy of Creative Teaching arrived as the guest and gave valuable guidance. Principal of the college and members of the Sumukhaya Trust were also present in the lecture programme.

### **Counselling:**

In order to address the psychological, physical and academic problems of the 'Saadhana' students a friendly counselling session was held on 3rd October. Dr. Saraswathi Hegde, founder of Unnati Healing foundation and Chief and President of Pranik Healing at M.S.Ramaiah Hospital conducted a counselling session for the students.

The medical students of Vokkaliga Sangha Dental Medical College also held counselling sessions with 'Saadhana' students and tried solving their problems.