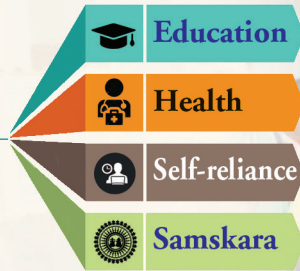


# JAGARANA

Activities of  
four dimensions in  
Sevabasti



The metropolitan city of Bengaluru is known across the globe for its infrastructure and developmental milestones. But, it is also unfortunate that more than 800 Sevabasti(slums)which lack basic amenities come under the administration of Bruhat Bengaluru Mahanagara Palike (BBMP). With the aim of imparting education to the children who reside in these Seva Basti and who are school dropouts due to social and economic backwardness, informal learning centres were opened in 1989 under the project Jagarana. These informal learning centres were run from 1989 to 2007 and the children of Seva Basti were brought to the schools and thereby to the mainstream of society. In the aftermath of the success of this programme, today Rashtrrothana Trust under the banner of Jagarana conducts various activities for the comprehensive development of Seva Basti.

‘Jagarana’ is conducting various developmental activities at the Sevabasti of Bengaluru from the past 3 decades in four dimensions namely, education, health, self-reliance and samskara. Under the umbrella of ‘Jagarana’ and its social activities thousands of children, hundreds of women, and youths have found shelter and have built a life of self-reliance. One can witness the development of sevabasti in social, economic, educational and cultural dimensions.

**Currently 685 activities are conducted in 210 Seva Basti**

1	Tution Centres	240
2	Shishu Mandira	3
3	Balagokula	200
4	Informal learning centre	1
5	Jolige Pustakalaya	200
6	Library	1
7	Mini Balabhavana	2
8	Samskara centres at government schools	8
9	Temple centric activities	1
10	Computer training	7
11	Tailoring training	2
12	Free clinic	2
13	Self-help groups	18

# EDUCATION

## A) Tuition Centres

The tuition centres aim at academically uplifting the children residing in sevabasti (slums). The aim/attempt is to raise the overall standard of living of the people of Seva Basti through these tuition centres.

The tuition centres are working with an intention of imparting quality education to the children of Sevabasti along with samskara, social responsibility and knowledge.

The young learners of Sevabasti are the teachers of the future! The young women who are earlier trained/educated in the sevabasti later contribute as teachers of the tuition centres. This privilege is also a source of self-reliance for the women of seva basti. Hence, those women who have completed class 10 and more are appointed as teachers. The selected women of Sevabasti are trained every month in a recurring manner in order to equip them as successful teachers.

The teachers consolidate nearly 15 school going students who reside in their neighbouring places and conduct tuition classes for them everyday for 2½ hours. The students resolve the doubts they encountered during their learning in school with the help of these teachers and gain coaching for free of cost. Every year more than 5000 students are the beneficiaries of these coaching centres.

**Importance for personality development:** The teachers do not merely render their duty as teachers. Instead the students develop a motherly feeling towards them. The friendly teachers concentrate towards instilling values in children and their personality development along with their academic progress.

**Systematic Education:** For the successful and systematic functioning of the tuition centre every year in the month of May annual plan of action will be prepared. The plan comprises academic activities, samskara based education and also celebrating Indian festivals etc. In order to successfully implement these plans and to correspondingly enhance the capability of the teachers monthly training programmes will be organised.

**Where do the tuition classes happen?** In general the tuition classes occur at the house of the teachers of the Sevabasti (Jagarana prakalpa teachers) or at the nearby Anganwadi. There are own buildings at Kempapura Agrahara, V.V.Giri Colony, Byappannahalli, New Gurappanna Palya and Domlur. These buildings also have clinics, tailoring and computer training centres, shishu mandira etc. The service activities are conducted from morning to evening. The people of the locality are aware of the place as 'Sevadhama'. Everyday more than 350 people are beneficiaries of the facility.

**Supervisors for Communication:** The supervisors are appointed with an intention of establishing continuous communication with the teachers of the tuition centre. The supervisors are selected among



the experienced teachers of the Sevabasti. The supervisors supervise the service activities of 6-8 Sevabasti.

**S.S.L.C. Result:** In the academic year of 2019-20, 42 students passed the exam. In Spite of having illiterate parents and a non-friendly environment for studies, 6 students secured distinction. 20 students passed with 1st class results and 14 students gained 2nd class. Many students were going to schools by simultaneously working at an incense factory and many were also doing household chores.

### B) Jolige Pustakalaya

The 'Jolige Pustakalaya' was started in the tuition centres to inculcate the habit of reading among students. It is a novel initiative wherein, the students of the tuition centre should purchase a book and give it to the centre. Weekly once the students have to take a book and should read them. Later they have to share their opinion about the book and should enlist its specialities. In such a systematic method the 'Jolige Pustakalaya' is functioning. In the preliminary stage the children have purchased 'Bharata-Bharati' book series. The 'Jolige Pustakalaya' is successfully operating at 200 centres.



- Securing prize at story telling competition: As an impact and help from Jolige Pustakalaya many students secured prize in story telling competition in Pratibha Karanji that took place in their respective schools. Also, the students take the books to their homes which are read by even their parents.

### C) Library

Library has been set up at Byappanahalli sevabasti for the benefit of college students. The library has a collection of more than 5000 books. More than 100 students are beneficiaries from the library.

### D) Mini Bala Bhavana

The 'Jagarana' prakalpa has been running Mini Bala Bhavana in Jayanagar, Rajajinagar and Kolse Park for the past 2 years in order to develop the creative and curricular skills of the children from underprivileged and marginalised families. The Bala Bhavan is functioning in association with Government Balabhavan Society at Cubbon Park. Music, dance, Bharatanatyam, sports, spoken English training etc. are taught to children at Mini Bala Bhavana.

- Many creative skills such as music, Bharatanatyam, dance, handicraft work, yoga, karate, sports and English learning etc. are taught in Bala Bhavan for the children from marginalised communities.



- 136 children are the beneficiaries of these activities conducted in Jayanagar and Kolse Park Mini Bala Bhavan.

## SELF-RELIANCE

Numerous vocational training centres are run in order to empower the women and youths residing in the Sevabasti. The initiative aims at aiding the people of Seva Basti to build a life of self-reliance.

- Tailoring Training Centre:** The tailoring training centres are operated at K.P. Agrahara and V.V.Giri Colony Sevabasti. More than 700 women are trained in these tailoring centres till date. In the year 2019-20 alone, a record number of 171 women have been trained.
- Computer Training Centre:** There are totally 7 computer training centres across Bengaluru. In Bapuji Nagar, Kamakshipalya, Baiyappanahalli, Hongasandra, K.P.Agrahara, Sheshadripuram, V.V.Giri Colony and Ulalla Upanagara the computer training centres are functioning in association with the Vidya Chetana Project of Youth for Seva. In Domlur the computer training centre is set up in association with Akard Software Company.

In the courses of 3 months duration the basics of computer and tally are taught to the youths. These training equips the youths of the underprivileged section to grab jobs in the prestigious companies and thereby making them self-reliant.

In the year 2019-20, 391 young men and women are the beneficiaries of computer training centre.

- Self-Help Groups:** There are 18 self help groups functioning in the 14 Sevabasti of Bengaluru. The groups aim for the comprehensive development of Seva Basti and help the people to achieve financial/economic stability. Through these self-help groups 200 people are leading a life of self-reliance.

- Employment Guidance Programme:** In order to create employment opportunities for the young men and women of Sevabasti, 'Jagarana' prakalpa in association with various organisations conducted an employment information programme, in 4 computer centres in the month of November. 86 people from Seva Basti gained employment as an impact of this programme.

## HEALTH

### a) Arogya Rakshakiyaru (Saviours of Health)

The women who reside in Seva Basti do not have any companion to share their personal health problems to seek a solution. They will not even have an awareness about whom to visit when they face health issues. In order to create a support system for such women the 'Jagarana' prakalpa has identified the interested and capable women of Sevabasti as 'Arogya Rakshakiyaru'(saviours of health). These women in turn help other women who are victims of various health problems. They take women to the nearby hospital and help them in the treatment process.

- The activities championed by the Arogya Rakshakiyaru are organising health awareness camps at Sevabasti and conducting health check up camps, guiding the treatment process and other



aid for people suffering from severe disorders and counselling for people suffering from mental disturbances.

- With the aid of Arogya Rakshakiyaru the pregnant women are able to get maternal and labour facilities at free of cost in well-equipped hospitals.
- Arogya Rakshakiyaru has been a shoulder to rely on, for thousands of women who are suffering from various health issues. Through Arogya Rakshakiyaru surveys are conducted at houses of Sevabasti and the causes of diseases are found out. Various health camps are organised consistently. One of the primary reasons for unhealthiness is the unhygienic environment of Seva Basti. Thus, measures are taken to keep the surroundings clean through awareness programmes, discussion forums with the residents.
- Currently, Arogya Rakshakiyaru are serving at 5 Seva Basti around K.P.Agrahara and 6 Sevabasti around Siddhapura.
- In the current year, treatment has been provided to more than 126 patients who were suffering from serious ailments. Treatment has been provided to these patients from Rangadorai hospital, Jayadeva hospital etc.

### b) Awareness Programme for Adolescent Girls

The adolescent girls of Sevabasti encounter many physical and mental issues. In order to listen to their problems and to make them strong to face the age related changes and challenges awareness programmes are organised.

The psychiatrists from Victoria hospital, Bengaluru enacted a play called, ‘Thamasoma Jyothirgamaya’ in order to create awareness among the adolescent girls about solutions to the psychological stress they face due to various instances they face in their circumstances.

In the aftermath of the play, doctors gave suggestions to the girls. The plays were enacted in K.P.Agrahara, Netaji Nagar, Maruti Nagar, Haleguddanahalli Seva Basti on July 19, 23, 26 and 30. Dr. Prashant, Professor in mental health department of Victoria Hospital and students of the Postgraduate Studies in Psychology were present in the event.

### c) Free Clinics

In order to provide treatment to the primitive disorders suffered by the people of Sevabasti free clinics are established at Kempapura Agrahara and V.V. Giri Sevabasti. This year 712 people were beneficiaries of these clinics.

### d) Health and Eye Check Up Camps

The health check up camps are organised regularly at various Sevabasti in association with many hospitals and organisations such as Lion’s Eye Hospital, B.G.S. Global Hospital, Doctors for Seva, Rotary Club, Madan Mohan Malaviya Mission etc.

	Camp Number	Women	Men	Total	Beneficiaries of Spectacles	Beneficiaries of treatment
Eye check up camps	2	198	126	324	103	25
Health check up camps	1	220	112	332		
Women health check up camps	10	760	339	1099		56
Awareness programme for adolescent girls	67			1474		
Health check up camp for children	6			595		



## SAMSKARA

### a) Bala Gokula

BalaGokula are opened to inculcate values and good qualities in the children of Sevabasti. Currently, there are 200 Balagokulam imparting value-based education to more than 4000 children.

### b) Temple centred activities

The activities are conducted by keeping the temples around Sevabasti as centric. Through these, Samskara is inculcated among the people of Seva Basti. Through Rashtrotthana Sevadhama in Kempapura Agrahara Seva Basti, at the Sri Ganesha temple of the place, cultural awareness is instilled in the people of the locality.

### c) Shishu Mandira

Due to the poor financial background and economic crisis all the members of the family including women who reside at sevabasti inevitably go to work. They go to work at houses, incense sticks factories and work as scavengers etc. But, due to these circumstances it will be difficult to find a safe place for their children from morning to evening.

In order to aid such families and provide a safe shelter to their kids the 'Jagarana' prakalpa is running shishu mandira from last 7 years at V.V.Giri Colony, Kempapura Agrahara, New Gurappannahalli Palya, Kamakshi Palya Seva Basti. The women who have 2.5 to 5 years old kids, leave their kids here and go to work. The teachers give the kids motherly care, involve in their learning process, make them play games and involve them in various other activities that are helpful for the kids personality development.

Currently 160 children are taken care of in 3 shishu mandira.

- **Health Checkup:** 'Arogya Bharati', a national organisation gave a call to conduct health check up camps at the Seva Basti across the country. Hence, the karyakarta of 'Jagarana' prakalpa conducted health check up camps at 16 Seva Basti. 45 people were the beneficiary of these camps.
- **Ayurvedic check up camp:** In order to create awareness among the people about protection of health and Ayurveda, an Ayurvedic health check up camp was organised at Kamalanagar Seva Basti on July 28. The Ayurvedic doctors came to the camp and conducted the health check up. In Total, 45 people got treatment in the camp.
- **Eye-check up camp for children:** Eye-check up camp for children was organised after acknowledging that there is a problem of vision(sight) among the students of the tuition centre. In order to examine the vision related problems among children necessary charts were given to the supervisors of the tuition centre. It was identified that 341 children have vision related problems. Thus, they were treated and provided spectacles with the help of Lion's Eye Hospital.

## Various programmes conducted at Sevabasti

In order to bring the people of Sevabasti to the social, educational and cultural mainstream, various activities are conducted by keeping the learning centre as the nucleus point.

- **Summer camp:** In order to encourage the students of Sevabasti to successfully and productively utilise their summer holidays summer camps are conducted. This year, summer camp was conducted in 112 Seva Basti from April 1 to 13 and more than 3,000 students participated in the camp. Story telling competition was also organised based on the books the children have read about the legendary personalities through Jolige Pustakalaya.
- **Meeting for Review and Annual Plan:** A planning meeting was conducted in the month of May in order to review the activities of 2018-19 and to design the annual plan for 2019-20. The programmes organised in the previous year, their impact, opinion of the beneficiaries, statistics related to it etc. was discussed. A programme was designed to enhance the interest towards education among the students of the tuition centre and also to

involve their parents in the activities of the tuition centre. Every month, training was given to the teachers in order to successfully implement the curriculum and other personality development activities designed for students. Discussion, Bhoudhik, and other activities were conducted in the teacher's training programme.

- To create awareness among the residents of Sevabasti about cleanliness programmes were conducted on the eve of Environment day. The students and teachers of tuition centres went to each and every house and requested to keep the surroundings clean. They are also involved in cleaning the temple, hospital and other public places.
- To stimulate the feeling of fraternity among the residents of Sevabasti and for the personality development of the children learning in tuition centres various programmes are organised on account of Raksha Bandhana, Sankranti, Bharatmata Poojana(in 108 clusters), Deepotsava(in more than 200 places), Shivaratri, Deepavali(The IT employees of Bengaluru celebrate deepavali along with the children of Sevabasti), Vivekananda Jayanti(elocution, essay and singing competition about Swami Vivekananda was organised) etc. programmes were conducted.



- Sri Krishna Janmashtami festival is celebrated from the past 16 years to inculcate unity among the people of Sevbasti. The festival is celebrated as a carnival where all the people of Sevbasti participate without any differences of caste and community. Every house will be decorated with rangoli to welcome the procession of Radha Krishna. Individuals voluntarily assume responsibilities to make the festival a grand success. This year Krishnashtami was celebrated in 200 Seva Basti and more than 8,000 kids were dressed up as Radha Krishna. The dressed up kids went on a procession around the Seva Basti. Fun activities such as Mosaru-Kudike were conducted. There were music and dance programmes. The preparations for Krishnashtami begin one month prior to the festival in the tuition centres. The mothers in Seva Basti, teachers and students of the tuition centre themselves design the flute, crown and other ornaments.
- **Gokulotsava:** For the talent exhibition of the students of the tuition centre in Sevbasti, 'Gokulotsava' event was organised. The students presented a drama on Sri Krishna bala leela. Various dance and music programmes were also held.
- **Meeting of the Seva Karyakarta:** Rashtriya Swyam Sevak Sangha organised a meeting for the Karyakartas working in the Seva Basti of Bengaluru on 22nd September at PES Engineering College. 60 people working in 23 Seva Basti under 'Jagarana' prakalpa

participated in the meeting. Bhayyaji Joshi, Sarakaryavaha of RSS gave guidance to Karyakarta.

## Special Mention

**Admission to schools:** The children who were school dropouts were readmitted to the school. The students who were dropouts due to the irresponsibility of parents and disinterest of students were readmitted to schools due to the effort from teachers and supervisors. In Satyanagar Sevbasti 4 children who left school due to the demise of their father were readmitted to schools. 2 students left the school as they were unable to bear the expenses of uniform stitching which was given by their government school. They were readmitted to the school and the responsibility of stitching their uniform was taken by the supervisors itself. Totally 8 students were readmitted to schools this year.

**Distribution of School Bags:** In association with 'Youth for Seva' school bags and books were distributed to more than 800 children of Sevbasti.

**Students of Tuition centre completed higher education:** The tuition centres are operated to provide training to the students of Sevbasti till 10th std. The 'Jagarana' prakalpa is also providing aid to the students to continue their education after class 10. Many students of Seva Basti who are trained in our tuition centres have gained prestigious positions. Sunil of KavalByrasandra has completed engineering and is pursuing his job in Singapore.

**Literates in all houses:** The Sevbasti at H.A.L.Sudhamanagar has more than 200 houses. The 'Jagarana' prakalpa has been actively functioning here for the past 2 decades. As an impact, everyone over here is literate and in every house there is a person who is pursuing higher education. Every student here is trained in our tuition centre.





Lingaraj, a high school teacher and the supervisor of Laggere Sevabasti encouraged the students of class 10 in his school and Seva Basti to write ‘Tapas’ exam and gave necessary training. As an impact, 2 students have been selected for ‘Tapas’ for the current academic year.

**Aid for the struggling Gopalaka:** A gopalaka from KavalByrasandra decided to sell his cow due to the financial crisis he faced. The teachers of tuition centres, students and the parents after knowing about the issue, on the eve of Sankranti offered necessary fodder to the cow. They continued the deed for a few months and helped the gopalaka to overcome his struggle. The gopalaka thanked the teachers and said that he doesn't need further help.

**‘Samskara’ education for the students of government schools:** It is imperative to provide ‘Samskara’ to the students of government schools too. As a result, after seeking permission from the head of the nearby government schools, ‘Samskara’ education was imparted to



the children. Many teachers from various Sevabasti taught patriotic songs, bhajan, stories of legendary personalities, Bhagavad Geeta, shloka, dohas of Saint Kabir etc. to the government school students of surrounding localities.

## Impact of the activities of Prakalpa

- There is a drastic decline in the number of school dropouts. Also, there is an increase in the number of girl students who are going to students. Number of students who are pursuing higher education has also increased.
- Enabling and strengthening the Sevabasti in social, educational and economical dimensions.
- The young women of Seva Basti are self-reliant as an impact of computer, tailoring and other training centres. Today, many have opened their own outlets.
- Awareness about Bharatiya values and hindutva philosophy is emerging in Seva Basti. Hence, social harmony is evolving at Sevabasti.
- Many elders of Seva Basti have voluntarily collaborated with the activities of prakalpa.

# NANDAGOKULA

Rashtrorothana Trust is running 'Nandagokula' in order to give shelter to those children who are deprived of parental care and concern.



'Nandagokula'- Rashtrorothana Shishu Mandira is functioning at Nagarbhavi and Kamakshipalya.

It is a shelter/home to 32 children who hail from Dharwad, Chamarajanagar, Mandya, Gubbi, Dhoddaballapura, Bengaluru etc. The children are provided with food, accommodation and free education. Along with these, various other activities are conducted for the holistic development of children.

## a) Nagarabhavi Nandagokula

In the space donated by Late Nandakumar at Nagarabhavi, Nandagokula activities flourished in the year 2007. At present it is home to 16 students.

- **Appreciation from Child Protection Commission:** The central and state officers of the Child Protection commission visited 'Nandagokula'. They appreciated the efforts of the initiative after they conducted an inspection. 'Nandagokula' was also selected for a 3 day training programme organised by the Karnataka State Child Protection Unit for the karyakarta of the selected NGO.. Pushpavathi and Ravikumar, 2 teachers of 'Nandagokula' participated in the training session. Many representatives from various districts of Karnataka also participated in the training programme.
- Ravikumar of class 8 secured rank in the National Means cum Merit Scholarship. He has gained a monthly scholarship of 1000 rupees.
- Goutham of 'Nandagokula' was selected for 'Tapas' which gives free IIT coaching.
- The students of 'Nandagokula' participated in the taluk level 'Pratibha Karanji' held at Gangothri School, Sunkadakatte on August 12 and have bagged many prizes. This year 8 students



in folk dance, 3 students in quiz and 1 student in painting have bagged the prizes. Overall, students from 25 schools participated in the event.

## b) Rashtrotthana Makkala Mandira

16 children are provided shelter at 'Rashtrotthana Makkala Mandira', Kamakshipalya. The citizens of Kamakshipalya have also led a helping hand in the welfare of children.

### Programmes directed towards children psychological development:

- **Guruvandana:** On the eve of Guru Purnima, Guru vandana event was organised at the 'Nandagokula'. The students offered Guru Vandana for the teachers of their respective schools. The programme was initiated to make students know about the importance of guru in one's life and to develop a feeling of respect and gratitude in them towards their teachers and elders.
- Festivals such as Raksha Bandhana, Ganeshotsava, Deepavali were celebrated to make children aware of Bharatiya values, harmony and community living.
- A renowned team of software engineers has been celebrating Deepavali with the children of 'Nandagokula' for the past 4 years. The children along with the team will light the lamps and burst the crackers.
- The karyakarta from various organisations visit 'Nandagokula' to celebrate their birthdays and other special events of their life along with the children of 'Nandagokula'.





# TAPAS AND SAADHANA



The world is mesmerised by the intellectual capabilities of the Indian youth. But, the sad reality is many youths of India aren't provided with the right platform to expose their talent. This might be due to economic backwardness, lack of proper guidance etc. In this backdrop, Rashtrottana Trust initiated 'Tapas' and 'Saadhana' for the students of underprivileged section who belong to socially and economically backward section. The 'Tapas'(for boys) and 'Saadhana'(for girls) initiative renders free education to students along with providing free coaching to crack various competitive exams to get admission in the prestigious higher education institutions of the country.



The aim of **Sadhana** is to provide free PUC education and NEET/CET coaching along with free accommodation for the meritorious girls of the state who hail from financially backward families.

Sadhana

The aim of Tapas is to provide free PUC education and IIT-JEE coaching along with free accommodation for the meritorious boys of the state who hail from financially backward families.

Tapas



TAPAS was started in the year 2012, with the aim of rendering free IIT-JEE coaching to the meritorious and talented boys who hail from socially and economically poor background.

The boys who are selected for the TAPAS initiative are provided with PUC education along with free accommodation, food, college fees, study materials and coaching. For this purpose, a well-equipped library, laboratory, hostels and other basic amenities are set up in the Rashtrorathana Vidyalaya campus at Banashankari. The students are provided with PUC education in Rashtrorathana PU College itself.

The activity is functioning in association with a prestigious BASE institution. In view of the IIT-JEE exams the study materials, workbooks etc. are provided for physics, chemistry and mathematics. The BASE institution, along with these study materials also give proper guidance to the students to use them effectively.

### Contacting Students

- Twice a year memo will be sent to all the high schools across the state and they are asked to register their names.
- Publicity will be done to provide the information about TAPAS by personally visiting more than 100 schools every year which includes Morarji school, J.N.V.(Jawahar Navodaya Vidyalaya) and other government and aided schools.
- Advertisements will be given in various newspapers and magazines.

### Selection Process

- Students who are pursuing 10th std. can submit an application, if their annual income doesn't exceed 1,50,000.
- On December 25, the entrance exam will be conducted across the state in 40 centres.
- 200 students are selected on the basis of merit.  
The karyakarta of the Trust visits the house of all the 200 students and survey about their economic and social status.
- After the SSLC exam a 10 day camp will be conducted in Bengaluru.
- Their grasping power, interest, punctuality and successful utilisation of time, behaviour etc. are kept in mind and ultimately 40 students are selected.

### Statistics of 2019-20

- For the current academic year, 3820 students wrote the exam.
- House visits were accomplished to the houses of 203 children from 25 districts of the state.
- No. of students selected for the camp - 124
- No. of students selected for TAPAS 2019-20 - 32
- Total beneficiary students in 2019-20 - 32 students in 1st PUC and 45 students in 2nd PUC.

## Beneficiaries

Year	1st PU	2nd PU	Year	1st PU	2nd PU
2012–13	38	0	2016–17	37	35
2013–14	38	34	2017–18	37	34
2014–15	40	38	2018–19	46	37
2015–16	38	34	2019–20	33	46

## Activities conducted for the student's physical, intellectual, mental and cultural development

- Vidyarambha:** The vidyarambha programme was organised on April 24 for the newly admitted students. HarishHande, Founder of Selko Company, arrived as the chief guest and spoke about the importance of education in IIT and his experiences in IIT. M.P. Kumar and H.S.Nagaraj Founder of Global Edge Company, Dinesh Hegde, General Secretary of Rashtrorathana Parishat and the parents of the Tapas students were present in the programme.
- Appreciation from Bombay IIT:** Mr. Suryakanth, professor of Bombay IIT and the team of Kushbu, Rohini and other members of the organisation stayed with the students for a week (from



July 16 to 22). They observed the working method of Tapas, classes, schedule and curricular activities of the students, teaching methodology etc. They interacted with every student of Tapas and also with the alumni of Tapas. They also visited the houses of a few students and appreciated the concept of Tapas, its way of working etc.

- Personality Development Camp:** For the personality development of the Tapas students a 4 day camp was organised from 15-18 August in Suttur Mutt Kuttera in Biligiri Rangana Betta in Chamarajanagar district. Achievers from various fields such as Gopinath, rtd. Officer at Information and Technology Department, Raghunandana from Akhil Bharatiya Sahitya Parishat gave lecture and guidance about Bharatiya parampare, great personalities and their achievements, culture, samskara and leadership qualities. A visit was organised to the 'Podu'-houses of the local tribal people who are called 'Soligaru' and the students were introduced to their lifestyle, festivals etc. They also watched the 'Soliga' community's folk dance and music.



- **Matru Sangama:** The ‘mathru sangama’ programme for the mothers of Tapas and Saadhana was organised on 4th and 5th January 2022. The elders of the society came and spoke about the tradition of family in India, cleanliness, health and home remedies, samskara etc. Kavitha Mishra, an engineer and an agriculturist from Kavithal village of Raichur, Dr. Vijayalakshmi Balekundri, child specialist at Jayadeva Hospital, Ha.Ra. Nagarajacharya from Haridasa sangha gave valuable guidance. 150 mothers participated in the 2 day programme.
- **A visit to IIT:** In order to inspire the students and strengthen their resolve to join IIT, the Tapas students were taken to IIT-Chennai. On November 23. The faculties introduced the students to the opportunities, training and research facilities in IIT.
- **Health checkup camps:** Every year a health check up camp will be organised because sound health is vital for the success of a student. This year, the doctors and nurses of B.G.S. Hospital conducted the health check up and recommended remedies for minute health problems.
- **Celebration of Festivals:** Festivals such as Saraswathi Pooja, Sankranti, Yugadi, Ganeshotsava and Deepavali, Guru Pooja Utsava, Independence Day, Gandhi Jayanti, Ambedkar Jayanti, Yoga Day, Rathasaptami etc. were celebrated for the psychological growth and moulding good behaviour of the students. The employees of the prestigious software company in Bengaluru celebrated Deepavali with TAPAS students by bursting crackers.
- **Sankalpa:** Sankalpa programme was organised for the outgoing students of 2nd PUC who were ready to take up higher education after their two years of hard work and dedication.

### Bird-View

- 284 students from 7 batches who hail from poor and underprivileged families have completed their two year education in TAPAS and



are pursuing their higher education. Some are pursuing their profession.

- 19 students are studying in 7 different IIts of the country. 39 students have got admission into N.I.T( Surathkal and others). Others are studying at prestigious engineering colleges of Bengaluru such as R.V., P.E.S., B.M.S. etc.

### Impact

- TAPAS hasn't just changed the life of a student. But, their entire family's life is changed. Both their economic status and their respect and social status(they have gained social recognition)in society has changed.
- The students who are currently pursuing their high school and college are seeking guidance from TAPAS students for their higher studies and career.

Many families will not be in a position/empowered to send their girl children to far off places for the sake of education. Hence, few send their daughters to the nearby government colleges and few other parents will arrange a marriage for their daughters and feel that they are renewed from their responsibility. But, if provided an opportunity and platform even the girls of rural areas can reach great heights and can mark a remarkable achievement. In this background, after a lot of deliberation, 'Saadhana' initiative was started in the academic year 2017-18.

'Saadhana' which is similar to 'Tapas' is meant for girls' education. The selected poor but meritorious girls are provided free education at Thanisandra Rashtrorathana PU College, Bengaluru. They are also provided with free NEET and CET coaching along with food, hostel facilities, study materials etc.

## Statistics for the year 2018-19

- 4398 students wrote Saadhana' entrance examination in the year 2019.
- In the first round, 250 students from 28 districts of the state were selected and the 'Saadhana' team visited their houses.
- No. of students came to the final selection camp: 154
- No. of students selected for 'Saadhana' 2019-21: 51

150 students have gained education through 'Saadhana' since 2017. 12 of them have cracked the NEET examination.



## Activities conducted for the growth of students

**Vidyarambha:** In order to inculcate the Bharatiya cultural values among the students of 'Saadhana', 'Vidyarambha' programme was held on 21st April. Dr. Vijayalakshmi Deshamane, Vice-President of Cancer Society graced the occasion as chief guest. Anantha Kulkarni, C.E.O. of BASE institutions, Nagaraj, Member of Sumukhaya Trust, Bengaluru and N.Dinesh Hegde, General Secretary of Rashtrorathana Parishat were present on the occasion.

**Special Occasions:** For the psychological growth of the students various occasions such as Kargil Vijay Diwas, Guru Poornima, Independence Day, Kannada Rajyotsava, Kanakadasa Jayanti, Vivekananda Jayanti, Saraswathi Pooja, kalanjali, Thyagaraja Aradhana, National Voters Day, Shivaji Jayanti etc. were celebrated.

**Sankalpa:** On May 9th, Sankalpa programme was organised for the outgoing students of 2nd PUC who were ready to take up higher education after their two years of hard work and dedication. Kajampadi Subramanya Bhat, Pramukh of Kutumba Prabodhana guided the students. Vivek Vathodkar, General Manager of Gel and M.P. Kumar, Incharge of Tapas and Saadhana prakalpa, Anantha Kulkarni, C.E.O. of BASE institution were present in the programme.